



## Sail with us to Health and Wellness

**Dr. Bruce and Dr. Laura Presnick**

Few places on earth are more conducive to relaxation than the islands of the Caribbean. Perhaps it's the light, tropical breezes that gently soothe the soul. Don't miss this opportunity to spend time with Dr's. Bruce & Laura Presnick, experts in the field of lowering your biological age. Dr. Laura's biological age tests at 48 vs her real age of 54. Dr Bruce's biological age is 52 vs, his real age of 62. Learn their secrets by attending this seminar and cruise, it will change your life. This fun filled week will be packed with techniques and ideas that you can use immediately to change your life. You'll have the experience of being coached for a full week in the healthy lifestyle onboard Celebrity's newest ships as you cruise the Western Caribbean.

### 7 Night Western Caribbean Cruise

**Ship Name:** Celebrity Solstice

**Destination:** Caribbean

**Departure Port:** Fort Lauderdale, Florida

**Ports of Call** Fort Lauderdale, Florida; At Sea; George Town, Grand Cayman; Cozumel, Mexico; Puerto Costa Maya, Mexico; Roatan, Honduras; At Sea; Fort Lauderdale, Florida

**2010 Sail Date(s):** Oct.24

**Inside:**

**895.39**

**Ocean View:**

**955.39**

**Veranda:**

**1045.39**

Seminar costs \$395 per couple or \$197.50 per person

Deposit of \$50 per person due when space reserved.

Second Deposit of \$500 per stateroom due by June 20th. Final Payment due by August 10



Seminar includes: Yoga, Anti-aging, Nutrition, and Meditation classes, complete set of notes and recipes

pg 1 of 1

**For more information or to make a reservation contact:**



**TRAVELMAKER**  
Robin Gonzales

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\* Prices are based on double occupancy and do not include airfare, transfers, hotel or insurance Insurance is available for \$59 per person

